

Level 2 Standard Principles of Resuscitation and Trauma in sport course (SPoRTS)

The responsibility of the pitch-side medical team has never been higher. Health care professionals are under more and more scrutiny in terms of skill maintenance and professional development.

The pitchside medic has a duty of care to the team, but also a responsibility to update and improve their skills. We believe in an integrated approach where Healthcare professionals from all levels and backgrounds practice skills and learn together and this pre-hospital course for those who don't deal with critical care situations every day is designed to encourage this.

The SPoRTS courses are designed to provide those who have an on-field/pitchside care responsibility with the theory, skills and knowledge within scope of practice to assess and perform immediate life saving interventions or to package and prepare the critically unwell player/athlete for safe transfer to hospital.

The course is designed to help you recognise the common and critical injured/ill player/athlete, decide on best action and utilise practical skills and equipment to provide treatment. This includes the non-technical aspects of leading a field-of-play team, coordination and decision-making.

This approach ensures that everyone involved in the delivery of pitchside care have the ability to take on team-leader or team member roles and are trained to the same high level.

Candidate Criteria

Sports Immediate care course for health professionals involved or interested in pitch-side care

Topics

- BLS/AED: 2 years certification
- · Assessing & moving injured players
- MSK injuries/ Immobilisation
- Airway management
- Life Threatening injuries
- · Concussion/Head Injuries
- Match day action-planning
- Spinal injuries Immobilisation

Format

- Kev lecture
- Scenarios
- Working in teams
- Skill stations
- Discussions/Workshops

Overall Aims

- To support Healthcare professionals involved in sport to practise and demonstrate competence in pitchside Immediate care skills when dealing with an injured player/athlete
- 2. To improve confidence & competence of candidates when dealing with a seriously injured or ill player/athlete on the field of play
- **3.** To provide a forum for sharing discussion amongst peers working in this setting

Date: February 2nd - 4th

Time:

- Day 1: 16.30 - 20.30 - Day 2: 09.00 - 18.00 - Day 3: 09.00 - 14.00

Location:

High Performance Centre, Sports Ireland Institute, National Sports Campus, Abbotstown, Dublin 15

Contact:

To book a place or for more information email info@immediatecaretraining.ie

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